

THIS WEEK'S MENU



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot & Coriander Soup Homemade Bread	Cauliflower & Lentil Soup Homemade Bread	Leek & Potato Soup Homemade Bread	Roast Pepper Soup Homemade Bread	Blush Tomato & Basil Soup Homemade Bread
MAIN COURSE 1	Pasta Bolognese with Parmesan Shavings	Roast Loin of Pork Yorkshire Pudding Gravy	Moroccan Spiced Lamb Mint Yoghurt	Sticky Chicken Thighs	Chip Shop Friday Homemade Tartar Sauce and Lemon Wedge
MAIN COURSE 2	Vegetable Bolognese with Lentils	Veggi Sausage & Bean Casserole	Vegetable Moussaka	Barbeque Oumph Pot	Chilli Burrito Sour Cream Guacamole
ON THE SIDE	Infused Garlic Bread Buttered Sweetcorn Green Beans Jacket & Pasta Bar Salad Bar	Carrots Roast Potatoes Broccoli Jacket & Pasta Bar Salad Bar	Spicy Rice Savoy Cabbage Butternut Squash Jacket & Pasta Bar Salad Bar	Potato Wedges Turmeric Cauliflower Green Beans Jacket & Pasta Bar Salad Bar	Garden Peas Baked Beans Skinny Fries Jacket & Pasta Bar Salad Bar
HOT OR COLD DESSERT	Apple Crumble & Cream Fresh Yoghurt or Fruit	Vanilla Cookie Fresh Yoghurt or Fruit	Chocolate Mousse Pot Fresh Yoghurt or Fruit	Cinnamon Rice Pudding Fresh Yoghurt or Fruit	Mixed Berry Pavlova Fresh Yoghurt or Fruit

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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Minestrone Soup Homemade Bread	Vegetable Soup Homemade Bread	Broccoli Soup Homemade Bread	Minted Pea Soup Soup Homemade Bread	Sweetcorn Chowder Homemade Bread
MAIN COURSE 1	Tandoori Chicken Curry	Shepherd's Pie with Red Lentils	Garlic & Thyme Roasted Chicken Thighs	Honey & Soy Pork	Chip Shop Friday Homemade Tartar Sauce and Lemon Wedge
MAIN COURSE 2	Vegetable Curry	Mushroom & Lentil Cottage Pie	Chickpea & Broccoli Thai Noodles	Halloumi & Pepper Skewer with Chilli Sauce	Mac & Cheese
ON THE SIDE	Pilau Rice Green Beans Spiced Courgette Naan Bread Jacket & Pasta Bar Salad Bar	Carrots Buttered Cabbage Jacket & Pasta Bar Salad Bar	Roast Potatoes Roasted Vegetables Greens Jacket & Pasta Bar Salad Bar	Noodles Stir Fry Vegetables Courgettes Jacket & Pasta Bar Salad Bar	Skinny Fries Peas Baked Beans Jacket & Pasta Bar Salad Bar
HOT OR COLD DESSERT	Strawberry Cheesecake Fresh Yoghurt or Fruit	Fruit Crumble Fresh Yoghurt or Fruit	Banoffee Sponge Fresh Yoghurt or Fruit	Cookie & Cream Pot Fresh Yoghurt or Fruit	Fruity Flapjack Fresh Yoghurt or Fruit

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Spinach & Potato Soup Homemade Bread	Carrot & Cumin Soup Homemade Bread	Butternut Squash Soup Homemade Bread	Sweet Potato & Pepper Soup Homemade Bread	Minestrone Soup Homemade Bread
MAIN COURSE 1	Sweet Chilli Beef Nachos & Salsa	Roasted Gammon	Hunters Chicken Barbeque Sauce & Cheese	Meatballs in Tomato and Herb Sauce	Chip Shop Friday Homemade Tartar Sauce and Lemon Wedge
MAIN COURSE 2	Thai Red Vegetable Curry	Stuffed Pepper with Couscous & Feta Cheese	Mediterranean Vegetable Risotto	Squash & Butterbean Ragu	Butternut Squash Curry
ON THE SIDE	Steamed Rice Buttered Courgette Sweetcorn Jacket & Pasta Bar Salad Bar	Roast Potatoes Broccoli Carrots Jacket & Pasta Bar Salad Bar	New Potatoes Green Beans Sweetcorn Jacket & Pasta Bar Salad Bar	Pasta Buttered Cabbage Leeks & Peas Jacket & Pasta Bar Salad Bar	Peas Baked Beans Skinny Fries Jacket & Pasta Bar Salad Bar
HOT OR COLD DESSERT	Bread & Butter Pudding Fresh Yoghurt or Fruit	Jam Sponge Fresh Yoghurt or Fruit	Lime Cheesecake Fresh Yoghurt or Fruit	Chocolate Brownie Fresh Yoghurt or Fruit	Raspberry Fool Fresh Yoghurt or Fruit