

WEEKLY MENU



| Service | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------------------|---|---|--|--|---|---|--|
| Breakfast | Scrambled Eggs, Beans, Bacon Cereal of choice | Croissant with choice of cheese or deli meats Porridge | English Breakfast Cereal of choice | Poached Eggs and Beans Cereal of choice | Bagels with choice of filling Porridge | Bacon Baps, Croissants and Choice of Cereal | Porridge, Pain au chocolat |
| Morning snack | Breakfast Muffin with cheese | Sausage Roll | Pizza slice | Fruit Flapjack | Pain au Chocolat | Chef's Choice | |
| Soup served at Break and Lunch | Chef's homemade soup, served with fresh bread | Chef's homemade soup, served with fresh bread | Chef's homemade soup, served with fresh bread | Chef's homemade soup, served with fresh bread | Chef's homemade soup, served with fresh bread | | |
| Lunch with Full Salad Bar | Tomato and pepper chicken thighs, tomato & pepper Vegan sausages with mixed white & brown rice, peas and carrots | Beef casserole with herb dumplings, Vegetable casserole with herb dumplings mixed vegetables | Vegetable curry, with selection of rice, dips and breads | Roast Turkey, Roast Chickpea and vegetable loaf, Roast Potatoes Medley of vegetables and gravy | Fish & chip Friday | Chef's Choice | Sunday Roast With Yorkshire Pudding and Vegetables |
| Dessert | Apple Sponge & custard | Chocolate Brownie | Yoghurt, Fresh Fruit Salad and toppings | Yoghurt, fresh fruit and toppings | Yoghurt, fresh fruit and toppings | Chef's Choice | Chef's Choice |
| Afternoon snack | Vanilla Shortbread | Fresh Fruit Slices | Jam Sponge | Waffle | Cookie | | |
| Supper with Basic Salad Bar | Beef meatballs with tomato sauce, vegetable balls with tomato sauce & pasta and courgette | Wild mushroom and herb risotto | Vegetarian lasagna with garlic bread with peas and sweetcorn | Pulled Pork with a Bap and Oriental Vegetables | Macaroni and cheese with mixed salad | Build a Burger | Make your own Pizza |
| Dessert | Yoghurt, fresh fruit and toppings | Fruit & jelly | Yoghurt, fresh fruit and toppings | Rice pudding | Cheesecake | | |

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| Morning snack | Breakfast Muffin with cheese | The Oratory roll | Margherita pizza slice | Crumpets | Pain au Chocolat | | |
| Soup served at break and lunch | Chef's homemade soup, served with fresh bread | Chef's homemade soup, served with fresh bread | Chef's homemade soup, served with fresh bread | Chef's homemade soup, served with fresh bread | Chef's homemade soup, served with fresh bread | | |
| Lunch with full salad bar | Beef bolognese, vegetable bolognese, penne pasta with peas and carrots | Roast chicken, vegetarian roast roast potatoes with seasonal vegetables | Shepherdless pie with medley of vegetables | Chicken korma, butternut squash & sweet potato korma, with selection of rices & condiments and dips | Fish & chip Friday chickpea panisse | Chef's Choice | Sunday Roast With Yorkshire Pudding and Vegetables |
| Dessert | Yoghurt, fresh fruit and toppings | Fruit cheesecake | Yoghurt, fresh fruit and toppings | Banana pudding | Yoghurt, fresh fruit and toppings | Chef's Choice | Chef's Choice |
| Afternoon snack | Chocolate crispy cake | Cookies | Chocolate Tiffin | Sponge Finger | Lemon drizzle cake | | |
| Supper with basic salad bar | Chicken burger, bean burgers, with potato wedges BBQ beans & corn on the cob | Feta and spinach tortillas with garlic parmentier potato and mixed bean and tomato medley | Vegetable wellington with dauphinoise potatoes and seasonal vegetables | Pork schnitzels, Roasted Peppers with creamed potato and seasonal vegetables | Vegetable Chilli with nachos and a selection of condiments and dips | Build a Burger | Make your own Pizza |
| Dessert | Raspberry mousse | Yoghurt, fresh fruit and toppings | The Oratory Mess | Yoghurt, fresh fruit and toppings | Sticky toffee pudding | | |

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| Morning snack | Bagels | Cheese and Lettuce Wrap | Pizza Slice | Courgette and Carrot cake | Pain au Chocolat | | |
| Soup served at break and lunch | Chef's homemade soup, served with fresh bread | Chef's homemade soup, served with fresh bread | Chef's homemade soup, served with fresh bread | Chef's homemade soup, served with fresh bread | Chef's homemade soup, served with fresh bread | | |
| Lunch with full salad bar | Mediterranean Chicken with Rice , stir fried greens freekeh and garlic wedges | Roast Pork with apple sauce and Roast Potatoes, Baby Carrots and Gravy | Pasta Bar with Toppings | Beef lasagna, vegetarian lasagna garlic bread mixed salad leaves and peas | Fish & chip Friday | Chef's Choice | Sunday Roast With Yorkshire Pudding and Vegetables |
| Dessert | Yoghurt, fresh fruit and toppings | Apple tartan | Yoghurt, fresh fruit and toppings | Yoghurt, fresh fruit and toppings | Fruit Jelly | Chef's Choice | Chef's Choice |
| Afternoon snack | Carrot cake | Millionaire shortbread | Chocolate and beetroot sponge | Apple & cinnamon cake | Cookie | | |
| Supper with basic salad bar | BBQ beef brisket fajita, with hasselback potatoes and mixed bean salad | Chicken thighs with Sweet Potato Wedges, Tossed Vegetables | Paella vegetarian paella with full salad bar | Vegetable moussaka with saute potato | Pasta Bake | Build a Burger | Make your own Pizza |
| Dessert | Raspberry Ripple | Yoghurt, fresh fruit and toppings | Strawberry shortcake | Chocolate Mousse | Yoghurt, fresh fruit and toppings | | |