



# THE OPS *Kitchen*

Breakfast Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Station	Homemade Granola Selection of Wholemeal Cereals, Greek Yoghurt with Honey & Fresh Fruit	Homemade Granola Selection of Wholemeal Cereals, Greek Yoghurt with Honey & Fresh Fruit	Homemade Granola Selection of Wholemeal Cereals, Greek Yoghurt with Honey & Fresh Fruit	Homemade Granola Selection of Wholemeal Cereals, Greek Yoghurt with Honey & Fresh Fruit	Homemade Granola Selection of Wholemeal Cereals, Greek Yoghurt with Honey & Fresh Fruit
The Main Counter	Scrambled Egg Bar with toppings (Peppers, Spring Onion, Chives, Cheese)	Boiled Eggs Freshly Baked Croissant	OPS Full English (Bacon or Sausage, hash browns, grilled tomato, grilled mushrooms, poached eggs, Baked beans)	International Breakfast Nasi Goreng (Indonesian Fried Rice topped with a fried Egg)	Spinach, Potato Frittata with roasted plum tomatoes
Porridge Station	Porridge served with toppings	Porridge served with toppings	Porridge served with toppings	Porridge served with toppings	Porridge served with toppings
Toast Station	Wholemeal Sliced Bread or Sour Dough Bloomer with preserves	Wholemeal Sliced Bread or Sour Dough Bloomer with preserves	Wholemeal Sliced Bread or Sour Dough Bloomer with preserves	Wholemeal Sliced Bread or Sour Dough Bloomer with preserves	Wholemeal Sliced Bread or Sour Dough Bloomer with preserves
Hydration	Fresh Fruit Juice Fruity Hydration	Fresh Fruit Juice Fruity Hydration	Fresh Fruit Juice Fruity Hydration	Fresh Fruit Juice Fruity Hydration	Fresh Fruit Juice Fruity Hydration