



THE OPS *Kitchen*

Little Oaks Snacks	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Rice cake with Sliced Cheddar & Sliced Fruit / Whole Fruit	Pancakes with fruits of the forest & Sliced Fruit / Whole Fruit	Cheese & Tomato Pinwheels & Sliced Fruit / Whole Fruit	Cheese & Crackers & Sliced Fruit / Whole Fruit	Bagel Bite with Cream Cheese & Sliced Fruit / Whole Fruit
Afternoon Snack	Cake of the Day & Sliced Fruit / Whole Fruit	Fruity Flapjack & Sliced Fruit / Whole Fruit	Homemade Blueberry Sponge & Sliced Fruit / Whole Fruit	Ham Focaccia & Sliced Fruit / Whole Fruit	Homemade Cookie Or Selection of Cakes & Sliced Fruit / Whole Fruit
Afternoon Tea Week 1	Jacket Potato & Beans with Veggie Sticks	Mac & Cheese with Veggie Sticks	Ham Focaccia with Veggie Sticks	Tomato Pasta with Veggie Sticks	Cheese Sandwiches with Veggie Sticks