



# THE OPS *Kitchen*

Supper Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Sharing Board	Oven Baked Tortilla Chips with Guacamole Salsa & Sour Cream	Olive & Rosemary Tear and Share bread with Red Pepper Houmous with Crudites	Flat Bread with Houmous & Crudites	Bread Sticks with, whipped feta & Hot honey tzatziki, Houmous & Crudites	Chive Dough Ball with Garlic Butter
The Main Counter	Beef Chilli Burrito served with Pico De Gallo	Turkey Milanese served with Fresh Basil & Mozzarella	Sweet & Sour Chicken with Pineapple	Pork Gyros served with pickled Vegetables	Friday Night Pizza Tomato, Basil & Mozzarella Pizza Toppings: Sun Blushed Tomatoes, Basil Pesto, Black Olives, garlic sauce
	Bean & Pepper Tostada with a lime smashed avocado	Vegetable & Butter Bean Ragu	Kung Poa Tofu with Pak choi	Spiced Falafel served with flat bread	
Sides	Mexican Lime & Coriander Rice Roasted Cajun Courgettes Basic Salad Bar	Spaghetti Basil & Tomato Sauce Steamed Broccoli	Steamed Rice Stir Fry Vegetables Mini Vegetable Spring rolls with sweet chilli	Herby Diced Potatoes Roasted Peppers Pickled Vegetables Sauces	Sauté Potatoes Chefs salad Roasted Vegetables
Dessert	Natural Yoghurt Pots with Toppings & Freshly Cut Fruit	Tiramisu Cups & Fresh Fruit	Natural Yoghurt Pots with Toppings & Freshly Cut Fruit	Chocolate Brownie	Natural Yoghurt Pots with Toppings & Freshly Cut Fruit

