THE OPS Kitchen

Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Station	Selection of Wholemeal Cereals, Greek Yoghurt with Honey & Fresh Fruit	Selection of Wholemeal Cereals, Greek Yoghurt with Honey & Fresh Fruit	Selection of Wholemeal Cereals, Greek Yoghurt with Honey & Fresh Fruit	Selection of Wholemeal Cereals, Greek Yoghurt with Honey & Fresh Fruit	Selection of Wholemeal Cereals, Greek Yoghurt with Honey & Fresh Fruit
The Main Counter	Scrambled Egg	Boiled Eggs Freshly Baked Croissant	OPS Full English (Bacon or Sausage, hash browns, grilled mushrooms, poached eggs, Baked beans)	Fried Eggs with Baked Beans	Pancake with Fruit Compote
Porridge Station	Porridge served with toppings	Porridge served with toppings	Porridge served with toppings	Porridge served with toppings	Porridge served with toppings
Toast Station	Wholemeal Sliced Bread or Sour Dough Bloomer with preserves	Wholemeal Sliced Bread or Sour Dough Bloomer with preserves	Wholemeal Sliced Bread or Sour Dough Bloomer with preserves	Wholemeal Sliced Bread or Sour Dough Bloomer with preserves	Wholemeal Sliced Bread or Sour Dough Bloomer with preserves
Hydration	Fresh Fruit Juice Fruity Hydration	Fresh Fruit Juice Fruity Hydration	Fresh Fruit Juice Fruity Hydration	Fresh Fruit Juice Fruity Hydration	Fresh Fruit Juice Fruity Hydration