THE OPS Kitchen

Lunch Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Homemade Bread	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
The Main Counter	Pepperoni Pizza Slice	Shepherds Pie	Roast Gammon	Chicken Katsu	Creamy Salmon & Spinach Pasta Bake
	Margarita Pizza Slice	Vegan Mince Shepherds Pie	Vegan Sausage	Quorn Fillet Katsu	Fish Fingers
Fuel Station	Freshly Baked Sweet Potatoes, Classic Jacket Potatoes or Pasta Served with Rustic Tomato Sauce Baked Beans	Freshly Baked Sweet Potatoes, Classic Jacket Potatoes or Pasta Served with Rustic Tomato Sauce Baked Beans	Freshly Baked Sweet Potatoes, Classic Jacket Potatoes or Pasta Served with Rustic Tomato Sauce Baked Beans	Freshly Baked Sweet Potatoes, Classic Jacket Potatoes or Pasta Served with Rustic Tomato Sauce Baked Beans	Freshly Baked Sweet Potatoes, Classic Jacket Potatoes or Pasta Served with Rustic Tomato Sauce Baked Beans
Sides	Chips Sweetcorn Baked Beans	Steamed Broccoli & Cauliflower Garden Peas Gravy	Garlic Roast New Potatoes Roasted Carrots Braised Red Cabbage Gravy	Steamed Basmati Rice Pan Fried Green Beans & Mangetout Steamed Carrots	Medley of Garden Peas, Broccoli & Kale
Desserts	Natural Yoghurt Pots with Toppings & Freshly Cut Fruit	Cinnamon Oaty Apple Crumble & Custard	Natural Yoghurt Pots with Toppings & Freshly Cut Fruit	Lemon Sponge Cake	Natural Yoghurt Pots with Toppings & Freshly Cut Fruit