THE OPS Kitchen

Lunch Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup & Homemade Bread	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
The Main Counter	Mexican Chicken	Crispy Bacon Topped Macaroni Cheese	Braised Beef & Root Vegetable Stew with Dumplings	Garlic & Herb Roasted Chicken Thigh	Lemon Salmon Fillet
	Vegan Mexican Chicken	Macaroni Cheese with Roast Vegetable Topper	Quron & Root Vegetable Stew with Dumplings	Garlic & Herb Roasted Quorn Fillet	Fish Fingers Battered Halloumi
Fuel Station	Freshly Baked Sweet Potatoes, Classic Jacket Potatoes or Pasta Served with Rustic Tomato Sauce Baked Beans	Freshly Baked Sweet Potatoes, Classic Jacket Potatoes or Pasta Served with Rustic Tomato Sauce Baked Beans	Freshly Baked Sweet Potatoes, Classic Jacket Potatoes or Pasta Served with Rustic Tomato Sauce Baked Beans	Freshly Baked Sweet Potatoes, Classic Jacket Potatoes or Pasta Served with Rustic Tomato Sauce Baked Beans	Freshly Baked Sweet Potatoes, Classic Jacket Potatoes or Pasta Served with Rustic Tomato Sauce Baked Beans
Sides	Vegetable Rice Sweetcorn Paprika Spiced Tortilla Chips	Green Beans Garlic Bread	Mashed Potatoes Braised Cabbage Broccoli	Roasted New Potatoes Carrots Cauliflower Chicken Gravy	Citrus Cous Cous Baked Mediterranean Vegetables Peas
Desserts	Natural Yoghurt Pots with Toppings & Freshly Cut Fruit	Oaty Peach Crumble & Fresh Pouring Cream	Natural Yoghurt Pots with Toppings & Freshly Cut Fruit	Chocolate Orange Sponge & Custard	Natural Yoghurt Pots with Toppings & Freshly Cut Fruit